



HOCKEY CANADA

Development 1

Written Assignment and Field Evaluation Request Forms

Version 1.0, 2019

You are required to complete this as part of your Development Stream Certification



WRITTEN ASSIGNMENT AND FIELD EVALUATION REQUEST FORMS

Development 1 Evaluation Document Package

Coach Candidate Evaluation Request Form

Complete all pages in this document and submit to:

Provincial Member / Member Partner:

Technical Director:

Phone:

Address:

City:

Postal Code:

Name: _____ Phone: _____

Mailing Address: _____

City: _____ Province: _____

Postal Code: _____

Email: _____

NCCP – CC#: _____

For Office Use Only:

Date Received: _____

Branch Contacted – staff person: _____

Evaluator Contacted

Documentation sent to evaluator

Evaluator Assigned: _____

Email: _____

Date: _____

MY COACH DEVELOPMENT PLAN

Name: _____ Phone: _____

Recent Coaching Experiences:

Season	Team	Organization/Level	Coaching Role
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Coaching Aspirations (What's next?)

Short-term goal(s): _____

Long-term goal(s): _____

List 3 coaching skill areas you consider your strengths:

1. _____

 2. _____

 3. _____

-

List 3 coaching skill areas you wish to improve:

1. _____

 2. _____

 3. _____

-

Correct Individual Skill Performance

Coach evaluation on performance correction will be evaluated in 2 ways:

- Coach will be observed in practice and the coach's ability to correct errors will be analyzed based on the evidence outlined on the following page
- Coach will submit to their Member Branch or Member Partner corrective measures based on videos in the Hockey Canada Network App using the chart on the following page.

In the Hockey Canada Network App, you will find the 5 separate video clips listed in the chart below. You can find each of these drills within the app by using the search function. Simply open the app and type in the drill as it is listed below. For each of these clips the coach must detect errors in at least one of the demonstrations and offer corrective measures for this player to correct the error.

Clip Name	Player Identified	Error(s) Detected	Corrective Measures
Moving Puck Control – Figure 8's 2 Pylons			
Moving Puck Control – 3 Crossovers carry puck			
Skating – Quick Feet Crossovers			
Turning and Crossovers – Pivots – Open and Reverse			
Skating – Warm Up 3: Backwards			

PLAN A PRACTICE

Coach to develop and execute three (3) sequential practice plans:

- Two (2) practices prior to observed practice
- Observed practice

Self Assessments

- After each of the first two practices, coach is to complete the Self-Assessment forms
 - Self-Assessments **DO NOT** need to be handed in as part of the Written Assignment. The Self Assessment forms are to be discussed with Field Evaluator during Pre-Brief prior to practice observation
- Coach will complete 3rd Self-Assessment form immediately after observed practice, to be discussed with Field Evaluator during De-brief.

Practice 1: Goals and Objectives for the Practice

TEAM: _____

PRACTICE OBJECTIVES: _____

TEAM RECORD: W _____ L _____ T _____

DATE: _____ TIME: _____

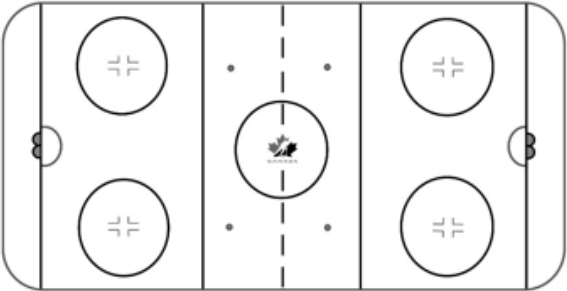
LINE UP / FORMATION

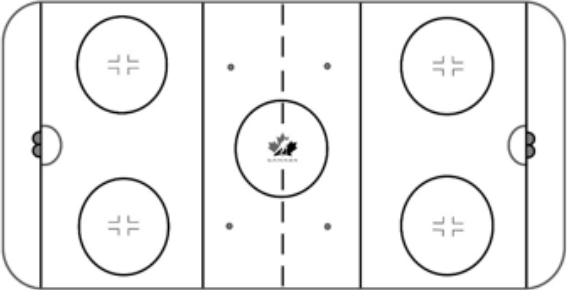
FORWARDS	DEFENSE	GOALIES
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

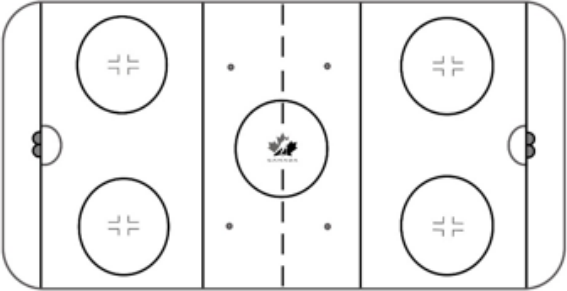
LEGEND			
☉	COACH	→	PUCK CARRYING
○	FORWARDS	→	SHOOTING
●	DEFENDERS	→	PASS
△	GOALTENDERS	→	DROP PASS
G	STOP	→	BACKWARD SKATE
X	PYLON	→	LATERAL MOVEMENT
⊞	PUCKS	→	DEFENSIVE PRESSURE

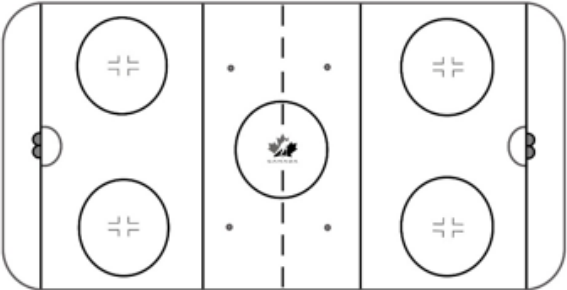
DRILL: ENERGIZER	COACH:	TIME: 5 MINUTES
GOALIE PURPOSE:	WORK/REST RATIO: 1 / 0	
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

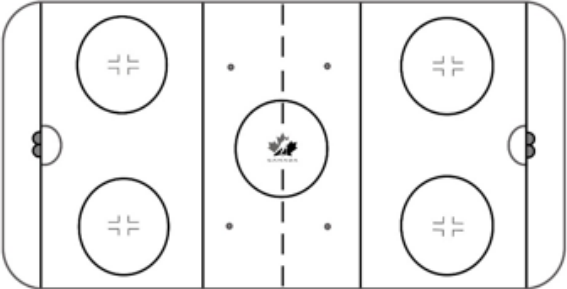
DRILL:	COACH:	TIME:
GOALIE PURPOSE:	WORK/REST RATIO:	
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

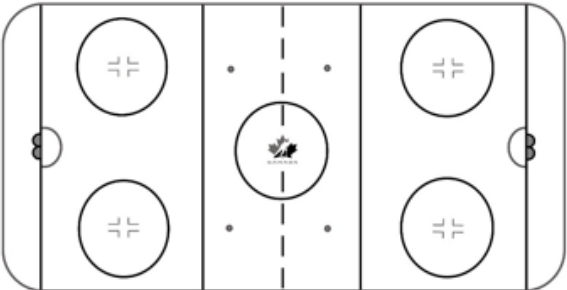
DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

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KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

Self-assessment Form

Coach: _____ **Start Time:** _____ **Finish Time:** _____

Team/Level: _____ **Date:** _____

Rating Scale:

3 – Above Expectations, 2 – Met Expectations, 1 – Below Expectations, N/A – Not Applicable

Pre-Practice Preparation				
Objectives • Have identified specific technical and tactical objectives	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization • Pre-ice presentation, prep of assistants • Equipment required	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Practice Outline • Clear, organized, diagrams, warm-up and cool-down, related to objectives	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Components of Yearly Plan • Practice plan fits into yearly plan • Objectives and drill progressions relate to previous practice	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Practice				
Use of Drills • Full participation • Teach skills and tactics effectively • Use drill progressions from simple to complex	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teaching Techniques • Allowed time for teaching and demo • Demonstrations effective • Effective use of voice and body language	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Error Correction • Immediate and appropriate feedback • Repetition of drills where necessary	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rapport with Players • Positive communicator • Non-threatening, relaxed environment • Evidence of player enjoyment	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization • Used full ice when necessary and appropriate • Attention to risk management • Follow practice outline • Use of on-ice assistants – support personnel	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 Things that went well: _____ _____ _____	3 Things to improve on: _____ _____ _____			

Practice 2: Goals and Objectives for the Practice

TEAM: _____

PRACTICE OBJECTIVES: _____

TEAM RECORD: W _____ L _____ T _____

DATE: _____ TIME: _____

LINE UP / FORMATION

FORWARDS	DEFENSE	GOALIES
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

LEGEND	
☉	COACH
○	FORWARDS
△	DEFENDERS
G	GOALTENDERS
	STOP
X	PYLON
⊞	PUCKS
→	PUCK CARRYING
→	SHOOTING
→	PASS
→	DROP PASS
→	BACKWARD SKATE
→	LATERAL MOVEMENT
→	DEFENSIVE PRESSURE

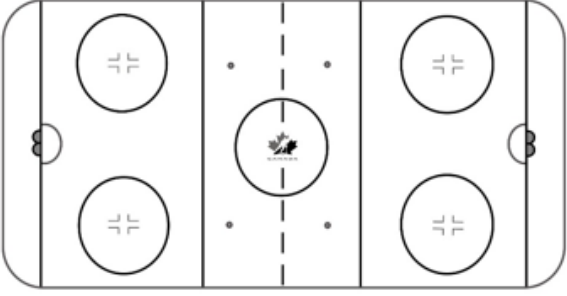
DRILL: ENERGIZER	COACH:	TIME: 5 MINUTES
GOALIE PURPOSE:	WORK/REST RATIO: 1 / 0	
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

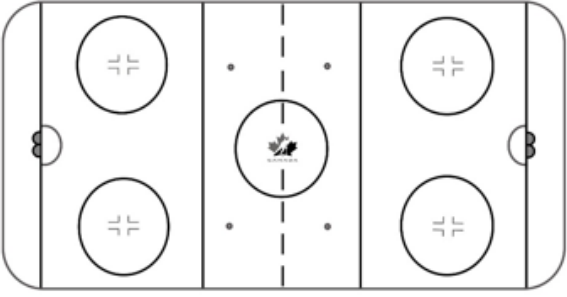
DRILL:	COACH:	TIME:
GOALIE PURPOSE:	WORK/REST RATIO:	
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

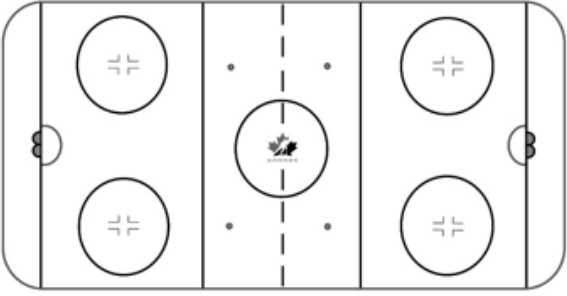
DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

Self-assessment Form

Coach: _____ **Start Time:** _____ **Finish Time:** _____

Team/Level: _____ **Date:** _____

Rating Scale:

3 – Above Expectations, 2 – Met Expectations, 1 – Below Expectations, N/A – Not Applicable

Pre-Practice Preparation				
Objectives • Have identified specific technical and tactical objectives	3	2	1	N/A
○	○	○	○	
Organization • Pre-ice presentation, prep of assistants • Equipment required	3	2	1	N/A
○	○	○	○	
Practice Outline • Clear, organized, diagrams, warm-up and cool-down, related to objectives	3	2	1	N/A
○	○	○	○	
Components of Yearly Plan • Practice plan fits into yearly plan • Objectives and drill progressions relate to previous practice	3	2	1	N/A
○	○	○	○	
Practice				
Use of Drills • Full participation • Teach skills and tactics effectively • Use drill progressions from simple to complex	3	2	1	N/A
○	○	○	○	
Teaching Techniques • Allowed time for teaching and demo • Demonstrations effective • Effective use of voice and body language	3	2	1	N/A
○	○	○	○	
Error Correction • Immediate and appropriate feedback • Repetition of drills where necessary	3	2	1	N/A
○	○	○	○	
Rapport with Players • Positive communicator • Non-threatening, relaxed environment • Evidence of player enjoyment	3	2	1	N/A
○	○	○	○	
Organization • Used full ice when necessary and appropriate • Attention to risk management • Follow practice outline • Use of on-ice assistants – support personnel	3	2	1	N/A
○	○	○	○	
3 Things that went well: _____ _____ _____	3 Things to improve on: _____ _____ _____			

Practice 3: Goals and Objectives for the Practice

TEAM: _____

PRACTICE OBJECTIVES: _____

TEAM RECORD: W _____ L _____ T _____

DATE: _____ TIME: _____

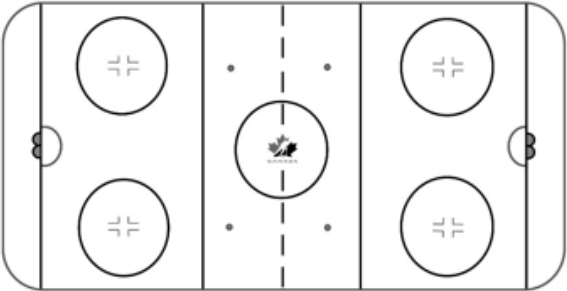
LINE UP / FORMATION

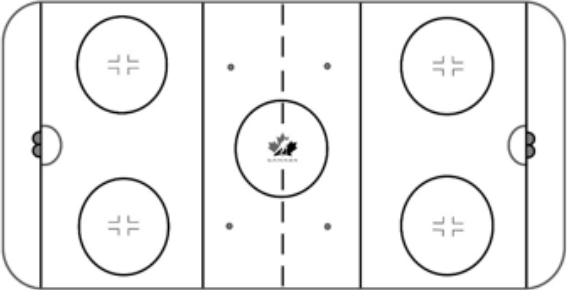
FORWARDS	DEFENSE	GOALIES
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

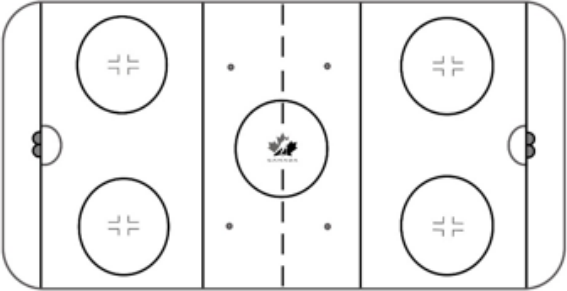
LEGEND	Ⓢ	COACH		PUCK CARRYING
	○●	FORWARDS		SHOOTING
	△▲	DEFENDERS		PASS
	G	GOALTENDERS		DROP PASS
	— —	STOP		BACKWARD SKATE
	X	PYLON		LATERAL MOVEMENT
	⊞	PUCKS		DEFENSIVE PRESSURE

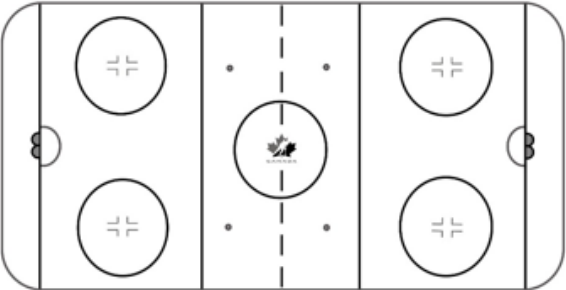
DRILL: ENERGIZER	COACH:	TIME: 5 MINUTES
GOALIE PURPOSE:		WORK/REST RATIO: 1 / 0
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

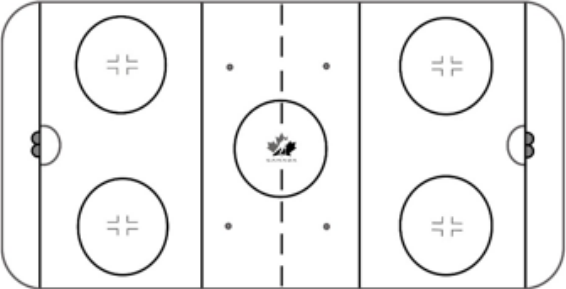
DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

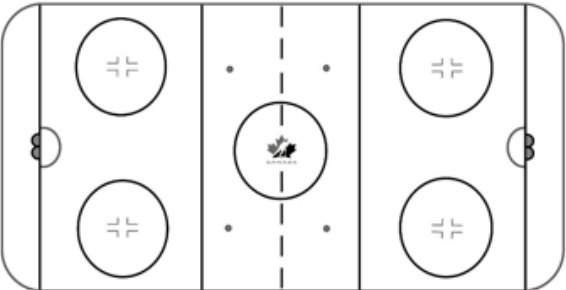
DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

DRILL:	COACH:	TIME:
GOALIE PURPOSE:		WORK/REST RATIO:
DESCRIPTION:		
KEY TEACHING & EXECUTION POINTS:		

Self-assessment Form

Coach: _____ **Start Time:** _____ **Finish Time:** _____

Team/Level: _____ **Date:** _____

Rating Scale:

3 – Above Expectations, 2 – Met Expectations, 1 – Below Expectations, N/A – Not Applicable

Pre-Practice Preparation				
Objectives • Have identified specific technical and tactical objectives	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization • Pre-ice presentation, prep of assistants • Equipment required	3	2	1	N/A
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Practice Outline • Clear, organized, diagrams, warm-up and cool-down, related to objectives	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Practice				
Use of Drills • Full participation • Teach skills and tactics effectively • Use drill progressions from simple to complex	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teaching Techniques • Allowed time for teaching and demo • Demonstrations effective • Effective use of voice and body language	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Error Correction • Immediate and appropriate feedback • Repetition of drills where necessary	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rapport with Players • Positive communicator • Non-threatening, relaxed environment • Evidence of player enjoyment	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Organization • Used full ice when necessary and appropriate • Attention to risk management • Follow practice outline • Use of on-ice assistants – support personnel	3	2	1	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 Things that went well: _____ _____ _____	3 Things to improve on: _____ _____ _____			

Complete an Emergency Action Plan

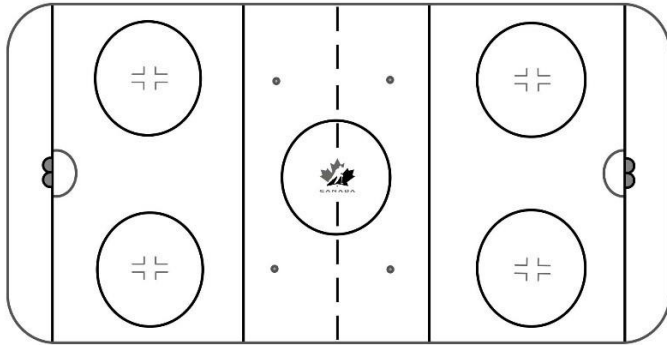
- A one or two-page Emergency Action Plan includes:
 - The location of telephones and emergency telephone numbers
 - Specific directions to reach the activity site, which may include a map or a list of key instructions
 - Location of medical profiles for each athlete under the coach's care
 - Location of a fully stocked first aid kit
 - Designated charge person and call person with roles and responsibilities

A template has been provided on the next page however, coaches may use their own EAP. Your EAP must be handed in to the Field Evaluator prior to your practice observation.

An Emergency Action Plan for Hockey

Equipment Locations

Please locate and identify areas on map. (i.e., first aid room, route for ambulance crew, telephone)



Emergency Telephone Numbers

Emergency _____ Ambulance _____
Fire Dept. _____ Hospital _____
Police _____ General _____

1. Person in Charge

- Most qualified person available with training in first aid and emergency control
- Familiarize yourself with arena emergency equipment
- Take control of an emergency situation until a medical authority arrives
- Assess injury status of player

Name: _____

2. Call Person

- Location of emergency telephone
- List of emergency telephone numbers
- Directions to arena
- Best route in and out of arena for ambulance crew

Name: _____

3. Control Person

- Ensure proper room to work for person in charge and ambulance crew
- Discuss Emergency Action Plan with:
 - Arena staff
 - Officials
 - Opponents
- Ensure that the route for the ambulance crew is clear and available
- Seek highly trained medical personnel (i.e., MD, nurse) if requested by person in charge

Name: _____